



EA CLUB

FAMILY CONNECTION CALL (FCC):  
GOALS & NEXT STEPS

NOTES & WORKBOOK

KEY POINTS  
NOTES  
ACTION ITEMS

# WHAT ARE THE GOALS THAT YOU SET FOR EA CLUB?

What are the goals that you've set for EA Club?

## #CELEBRATE WINS

What effort have you put into your goals so far?

What did you learn by making that effort?

## GOALS ARE A DIRECTION

A goal is not always meant to be reached, it often serves simply as something to aim at.

-Bruce Lee

# REFLECTING ON YOUR GOALS

How do your goals need to be updated?

Do you need to set a new goal? (If yes, what is your new goal?)

Can your goal be made even more specific? (Simple, Measurable, time-bound.)

Template: I will (obtain/ complete/ set up) before (insert date) by (action I will take)

# REMOVING OBSTACLES

What support might you need to move in the direction of the goal?

What questions do you need to get answered before you can achieve the goal?

# NEXT STEPS

## THE "POSSIBILITY SEAT"

- #CelebrateWins
- Practice asking for help.
- Get new ideas.
- Hear other people's experiences.
- Hear new perspectives.
- Build your action plan.

What specific challenge or opportunity do you want help with today?

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What specific question do you want answered?

What's the absolute minimum background information you need to give to your group in order for you to get that question answered?

## VALUES WE WILL UPHOLD:

- Confidentiality
- Compassion
- #ThinkOrdinary
- Share ideas & experience, not advice

## POSSIBILITY SEAT FORMAT

Notes:

# MOVING TO ACTION...

What clarity did you gain in your 'Possibility Seat'?

What is your next action step?



# HARVESTING INSIGHTS

What insights/ aha's did you gain in your "Possibility Seat"?

# MILESTONES COMPLETED!

- Review and update your goals.
- Connect with the EA Club Community.
- Feel seen/ heard/ understood.
- Get new ideas/ perspectives on how to move forward.
- Plan next action step(s) for support.